

# THE GUILFORD BUILDING NEWS

in its 13<sup>th</sup> year of publication



HAPPY 78<sup>TH</sup> BIRTHDAY  
LARRY RUSSELL



did not come to work at The Guilford Building?" asks Larry. "Sit and watch *As the World Turns* or work for my wife for nothing?"

On a typical week day Larry arrives at the building around 7:15 a.m. to catch up on office work after which he heads out to make sales calls for his 27-year-old company called Russell Business Forms. His lunch usually consists of whole foods and natural supplements. Sometime through the day, he'll probably stop off at the YMCA and ride eight miles or so on a stationary bike. On weekends Larry often participates in group bicycle rides of 15 miles or more.

Larry has a great mental attitude. He's fun and likes people and is always interested in what's going on in the building. Here's to you, Larry. May you be forever youthful!

According to the U.S. Census Bureau the average retirement age in America is 62. But in The Guilford Building several successful entrepreneurs, well past 62, look forward to running their businesses here every day -- with some time off for cruises and grand kids, etc.

Larry Russell at office M10 is one such business owner. "What would I do with myself every day, if I

## LOOK FOR O.HENRY MAGAZINE

A beautiful new magazine for the Greensboro arts community called O.Henry has just been published and soon will be available in our lobby every other month. Jim Schlosser of The Guilford Building is a contributing editor and wrote an enjoyable article for the first issue about the life and times of William Sydney Porter, famously known as O.Henry.

The first issue got scooped up as soon as it debuted, but we are trying to get a few extras for The Guilford Building. Ask about availability at the lobby security desk.

## IS THERE A NOTARY IN THE BUILDING?

If you are a notary public who works regularly in The Guilford Building and would notarize signatures for your neighbors from time to time, please contact Diana Poston in the leasing office at 272-0038.

THE GUILFORD BUILDING WILL BE CLOSED ON MONDAY, SEPTEMBER 5, 2011  
IN OBSERVANCE OF LABOR DAY.